**Center for Translational Neuroscience Mentoring Self-Assessment Form Name:**

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| --- | --- | --- | --- |
| **Strategy** | **Question/Task** | **Example** | **What could be done better** |
| Appreciating individual differences | Give an example of an incident that illustrates your  Acknowledgement of individual differences |  |  |
| Availability | Give an example of the strategy you use to be  Available to your mentor/mentee |  |  |
| Self direction | What was your rating on the directions/self-directions scale? Why? |  |  |
| Questioning | Describe how you last used active questioning to lead a mentee/staff towards a solution |  |  |
| Celebration | When did you last celebrate a mentee/staff member’s achievement? How did you celebrate? |  |  |
| Building a scientific community | Describe a deliberate strategy you use to build a scientific community in your group |  |  |
| Building a social community | Describe a deliberate strategy you use to build your group as a social community |  |  |
| Skill development | Describe steps you take to develop the critical, writing and presentation skills in your mentee/staff |  |  |
| Networking | Describe one example of how you have introduced each of your mentees/staff into the scientific network of you research area |  |  |
| Mentor for life | How many of your past mentees/staff are you in contact with? |  |  |
| Name one thing you would do differently |  |  |  |

Lee A, Dennis C, Campbell P. Nature's Guide for mentors: having a good mentor early in your career can mean the difference between success and failure in any field. Nature Pub Group 447:791-797, 2007.

**Other reading:**

DeLong TJ, Gabarro JJ, Lees RJ. Why mentoring matters in a hypercompetitive world: today's professional serice firms are so busy making money that they've lost the art of making talent. Harvard Bus Rev 84:115-121, 2008.

Detsky AS, Baerocher MO. Academic mentoring- How to give it and how to get it. JAMA 297:2134-2136, 2007.

Jackson VA, Palepu A, Szlacha L, Caswell C, Carr PL, Inui T. Having the right chemistry: a qualitative study of mentoring in academic medicine. Acad Med 78:328-334, 2003.

Lakoski JM. On being a savvt mentor and mentee: ethical responsibilities in a mentoring relationship. Endoc News 29:15-17, 2004.

Leboy P. Fixing the leaky pipeline: why aren't there many women in the top spots in academia? The Scientist, http://www.the-scientist.com/2008/01/1/167/1/.

Palepu A, Friedman RH, Barnett RC, Carr PL, Ash AS, Szlacha L, Moskowitz MA. Junior faculty members' mentoring relationships and their professional development in US medical schools. Acad Med 73:318-323, 1998.